## Sports Safety First Aid/CPR Training & Safety Training For Swim Coaches

The American Red Cross Sports Safety First Aid & C.P.R. Training program (S.S.T.F.A./C.P.R.) is designed to train participants to deal with all types of injuries & other problems in an athletic related environment. This course is highly recommended as a partner to the Safety Training For Swim Coaches program (Coaches Safety) for all swim team coaches. This course includes First Aid training as well as adult & child C.P.R. and A.E.D. The First Aid certification expires three years from the completion date & the CPR certification expires one year from the completion date.

Safety Training for Swim Coaches is designed to teach various shallow water & out of water rescue techniques & some spinal injury management **specifically** for swim team coaches. This class is **NOT** a lifeguard training program & **DOES NOT** certify the student to lifeguard. Only students completing the American Red Cross Lifeguard Training program are legally able to lifeguard. The course also addresses practice techniques & various other situations that occur in a swim practice environment. Cobb County Summer Swim League requires its coaches to have each of these certifications in order to be on deck during practice. The lone exception being when a coach is already certified in Lifeguard Training, that certification supercedes Safety Training for Swim Coaches. Safety Training for Swim Coaches certification & the Sports Safety First Aid Training certification expires three years from the completion date. All sections of C.P.R. & A.E.D. expire one year from the completion date.

The cost of the combination of all courses together is \$120.00. This includes the certifications for Safety Training for Swim Coaches, Adult & Child C.P.R. with A.E.D., and Sports Safety First Aid. The cost of just the S.S.T./Adult & Child C.P.R. with A.E.D. certification is \$60.00. This includes Sports Safety First Aid with Adult & Child C.P.R. with A.E.D. The cost of just Safety Training for Swim Coaches is \$60.00.

## **Safety Training For Swim Coaches**

Saturday April 10, 2010—M.V.A.C.

**Bar Code—28309** 

Saturday May 8, 2010—M.V.A.C.

**Bar Code—27453** 

Saturday April 10, 2010—C.A.C.

**Bar Code—27452** 

Saturday May 8, 2010—C.A.C.

**Bar Code—27635** 

ALL CLASSES—10:00 am - 6:00 pm

## **Sports Safety First Aid/C.P.R./A.E.D.**

T/Th—April 6 & April 8, 2010—M.V.A.C.

**Bar Code—27454** 

M/W—May 3 & May 5, 2010—M.V.A.C.

**Bar Code—27455** 

T/Th—April 6 & April 8, 2010—C.A.C.

Bar Code—27636

T/Th-May 4 & May 6, 2010-C.A.C.

**Bar Code—27637** 

ALL CLASSES—5:30 pm to 10:00 pm

## Adult/Child C.P.R. Recertification

T/Th—April 6 & April 8, 2010—M.V.A.C.

**Bar Code—27448** 

M/W—May 3 & May 5, 2010—M.V.A.C.

**Bar Code—27449** 

T/Th—April 6 & April 8, 2010—C.A.C.

**Bar Code—28335** 

T/Th—May 4 & May 6, 2010—C.A.C.

Bar Code—28336

ALL CLASSES—5:30 pm to 10:00 pm



